

RST-1WS Rolling Work Seat

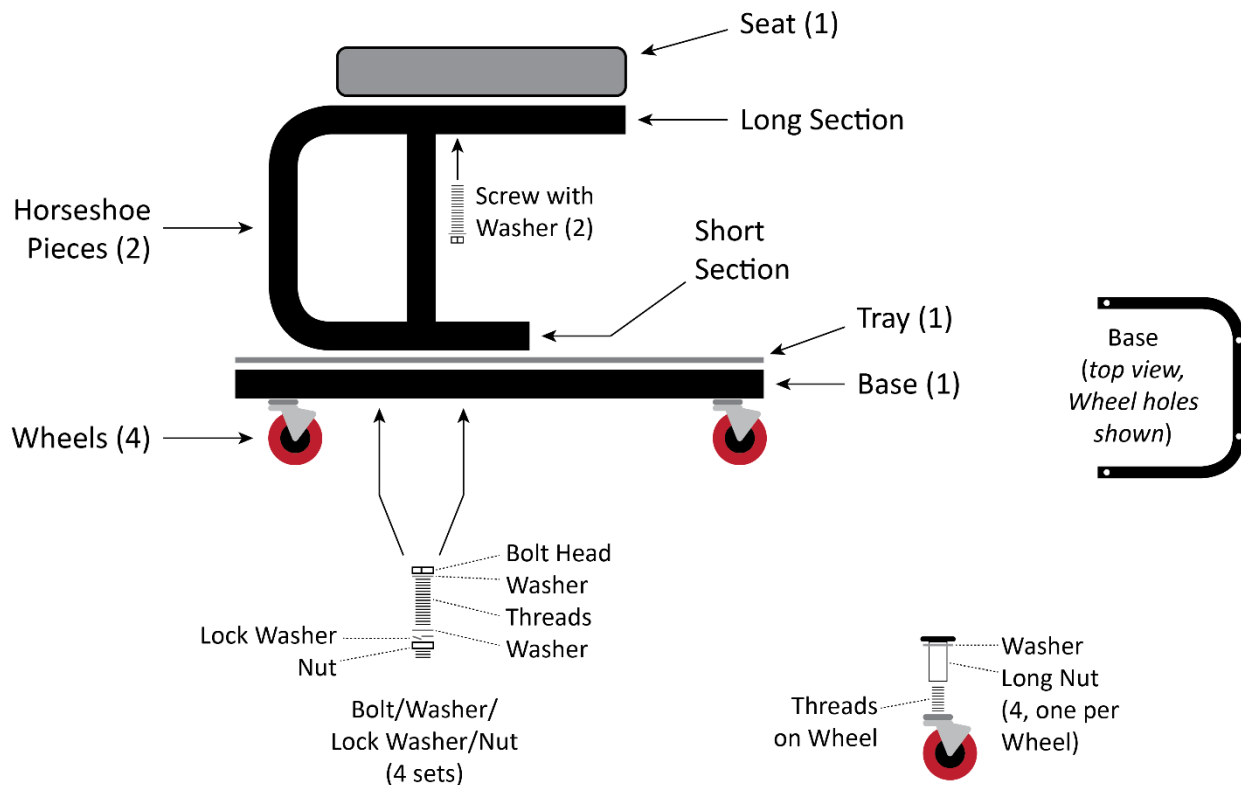
Quick Start Guide

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The RST-1WS Rolling Work Seat keeps you comfortable while performing wheel or service work. Less bending over or working on your knees leads to more efficient and pain-free work.

The components of the RST-1WS are:

- **One Seat.** Padded for your comfort.
- **Two Horseshoe Pieces.** Metal. Hold up the seat and get you up off the ground.
- **One Base.** Metal. Holds the other components together.
- **One Work Tray.** Plastic. Holds tools and easy-to-lose parts. Sits inside the Base.
- **Four Wheels.** Allow the Work Seat to move. Each Wheel has a threaded shaft that connects to the Base.
- **Two Screw/Washers.** Connect the long section of the Horseshoe frame to the Seat.
- **Four Bolt/Washer/Lock Washer/Nut sets.** Connect the Base and Tray to the short sections of the Horseshoe Pieces.



Side view, except where noted. Drawing not to scale.



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Refer to the drawing on the previous page as you set up the Rolling Work Seat.


To set up the RST-1WS Rolling Work Seat:

1. Open the box and remove the contents.
2. Put the plastic Work Tray inside the metal Base. Make sure the holes are aligned.
3. Find the four Wheels; remove the Long Nut and Washer from the top of each Wheel.
4. Put the threads of a Wheel up through one of the Wheel holes in the Base.

There are two Wheel holes in the front of the Base (where the rounded corners are) and two in the back corners of the Base.

Note that the threads on the top of each Wheel do **not** reach all the way through the Base; this is intentional.

5. Put a Washer on a Long Nut and insert the Long Nut through the Work Tray and the Base until it contacts the threads on the Wheel; finger tighten the connection or use a 5 mm hex wrench.
6. Repeat Steps 4 and 5 for the other three Wheels.
7. Find the two metal Horseshoe Frame Pieces and the four Bolt/Washer/Lock Washer/Nut sets.
8. Orient one Horseshoe Piece so the short section is against the Tray/Base and the long section is up.
The closed ends of the Horseshoe Pieces go above the squared-off ends of the Base and the open ends of the Horseshoe Pieces go above the curved corners of the Base.
9. Put a Washer next to the Bolt Head of one of the Bolts, then put the Bolt down through the short section of the Horseshoe Piece and the Tray/Base.
10. Put a Washer, Lock Washer, and Nut onto the bottom of the Bolt and tighten the connection or use an appropriately sized wrench.
11. Repeat Steps 9 and 10 for the other hole in the same Horseshoe Piece.
12. Repeat Steps 8 through 11 for the second Horseshoe Piece.
13. Find the remaining two Screw/Washer sets and the Seat.
14. Put a Washer next to a Screw head and insert the Screw up through the long section of the Horseshoe Piece.
15. Push the Screw into one of the two holes on the bottom of the Seat until the Screw stops, then finger tighten it.
16. Repeat Steps 14 and 15 for the second Screw/Washer set and the Seat.
17. Use appropriate tools to securely tighten **all** of the connections.
A 5 mm hex wrench and an adjustable wrench should do the trick.
18. Put the Work Seat onto its Wheels and give it a try.

 **WARNING** **California Proposition 65.** This product can expose you to chemicals including styrene and vinyl chloride which are on the list of over 900 chemicals identified by the State of California to cause cancer, birth defects or reproductive harm. Always use this product in accordance with BendPak's instructions. For more information, visit www.p65warnings.ca.gov.